

Dr. Dipak Prakash Saudagar

Has successfully contributed and published a paper.

EFFECTS OF YOGA ON PARTICULAR PHYSIOLOGICAL AND PHYSICAL CHARACTERISTICS IN COLLEGE WOMEN

In International Double Blind Reviewed, Refereed & Indexed Journal

Scholarly Research Journal for Interdisciplinary Studies

ISSN (E) 2278-8808, ISSN (P) 2319-4766 SJIF 2024:8.153 JULY-AUG 2024 VOLUME 13, ISSUE 84, RELEASED ON 01/09/2024.

Certificate No. *SRJIS/34/34/2024* https://www.srjis.com/issues_data/236



Dr. Yashpal D. Netragaonkar Editor in Chief for SR Journals